

CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, SEPTEMBER 29, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 29th day of September 2017 in the conference room at 122 E. Eufaula Street by Chairman Rod Cleveland. Roll was called by Linda Atkins, Deputy County Clerk/Secretary:

Those present were: Rod Cleveland; John Roberts; Alison Vinson; Bryan Jenkins; Brenda Hill; Laurie Beth Marshall is an alternate for George Mauldin, who is absent; and Christina Newburg.

Those absent were: Tammy Belinson, Douglas Warr, Jacob McHughes, Carrie Welles, Bryant Rains, Leann Clements, and George Mauldin.

Ex-officio members present: Linda Atkins; Teresa Heard; Meredith Rowland, NP; and Jennifer Slawson.

After the reading of the minutes of the Regular meeting of **August 25, 2017** and there being no additions or corrections, Brian Wint moved, seconded by Alison Vinson, that the minutes be **approved**.

The ayes have it and the motion is carried.

A. Items of Business:

1. John Roberts moved, seconded by Brenda Hill, to **approve** the Cleveland County Wellness Notice of Schedule of Regular Meetings for 2018.
The ayes have it and the motion is carried.
2. Alison Vinson, HR **update** on health and wellness matters for county employees. She discussed the Cleveland County Employee Health Fair that was held on September 27, 2017. It was a great turnout with 105 employees attending. The ratings given on the average was 9.8 on a scale from 1 to 10. There were over twenty-six vendors and many door prizes given away. Better booth attendances this year because the employees had to get their sheet stamped by the exhibitor to enter it in the drawing. People spent a lot of time talking to the vendor. She received good feedback from vendors and from employees. The gifts given away were great and the area utilized in the county office building for the Health Fair was a little less congested than last year. She said that all the offices were sent information on the flu shot. More information will be in the newsletter that will come out Monday. District #1 will have the shots available on Tuesday, October 3, 2017 and District #3 will have them on Thursday, October 5, 2017. The Detention Center will have them on Tuesday, October 10, 2017 and the Courthouse is scheduled for October 12, 2017 and October 17, 2017 from 9:00 am to 12:00 noon.

Alison Vinson updated on the Wellness screening and stated it went well for the first year.

3. A brief discussion was had on the **TSET policy/procedures book**. Chairman Cleveland said that he has the policy/procedures book that the City of Norman uses and read through it and it is something that they want Cleveland County to implement.
4. During discussions on the **County Wellness Gym Facility**, Brian Wint updated that the work is basically complete.

AUGUST 2017 OVERVIEW

- Current registered users: 395
- Busiest day: 21
- Total number of users for June: 275
- Reported Injuries: 0

Registered number of user is up. **Usage is up from the last few months.** Phase 2 work is 95% complete is likely the reason for the spike in usage. There were certain days in the months of September and August that the ipad registration was down due to construction. Phase 2 includes showers, restrooms, men and women changing areas, along with a dedicated outside entrance from the employee parking lot.

Deputy Treasurer Teresa Heard gave the following totals for the weight loss challenge:

Treasurer's Office

	1st Weigh In	Last Weigh In	Pounds Lost
Totals	2619.6	2537.2	82.4
		3%	

Commissioner's Office

	1st Weigh In	Last Weigh In	Pounds Lost
Totals	2016.4	1957.2	59.2
		3%	

Sheriff's Office

	1st Weigh In	Last Weigh In	Pounds Lost
Totals	4163.2	4055.2 3%	108

County Clerk's Office

	1st Weigh In	Last Weigh In	Pounds Lost
Totals	2718.2	2655.2 2%	63

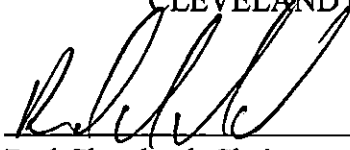
Court Clerk's Office

	1st Weigh In	Last Weigh In	Pounds Lost
Totals	3128.2	3077.2 2%	51

5. **No discussion at this time** from Emergency Management Director regarding Wellness Committee issues.
 - 6 Meredith Rowland, NP, presented **Employee Health Clinic Update** by saying she enjoyed the Health Fair and that they are preparing for flu season and giving shots.
 7. Chairman Cleveland said an Employee excursion to Riversport Adventures in Oklahoma City is a great deal and would like for Jacob McHughes to schedule a date and get back with the committee regarding the plans.
- B.** There was no **new business** to come before the Board.
- C.** **Wellness Committee Members** discussion regarding **Business** concerned Chairman Cleveland saying there is plenty room at the jail to have an organic garden. He is talking to someone that will provide the seeds, plan it and come in to train on preparations for the vegetables.
- D.** There being no further business to come before the committee, John Roberts moved, seconded by Brian Wint, to **adjourn** at 9:25 A.M.
The ayes have it and the motion is carried.

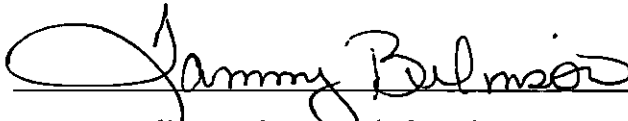
(Clerk's Note: Agenda was posted on September 27, 2017 @ 9:38 AM)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA

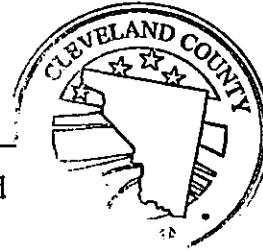


Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board



Minutes Prepared by: 
Deputy County Clerk